

Breathing With The Mind Verses In Senryu And Haik

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Oriental Humour - Reginald Horace Blyth 1959

Japanese Death Poems - 1998-04-15

"A wonderful introduction the Japanese tradition of jisei, this volume is crammed with exquisite, spontaneous verse and pithy, often hilarious, descriptions of the eccentric and committed monastics who wrote the poems." —Tricycle: The Buddhist Review Although the consciousness of death is, in most cultures, very much a part of life, this is perhaps nowhere more true than in Japan, where the approach of death has given rise to a centuries-old tradition of writing jisei, or the "death poem." Such a poem is often written in the very last moments of the poet's life.

Hundreds of Japanese death poems, many with a commentary describing the circumstances of the poet's death, have been translated into English here, the vast majority of them for the first time. Yoel Hoffmann explores the attitudes and customs surrounding death in historical and present-day Japan and gives examples of how these have been reflected in the nation's literature in general. The development of writing jisei is then examined—from the longing poems of the early nobility and the more "masculine" verses of the samurai to the satirical death poems of later centuries. Zen Buddhist ideas about death are also described as a preface to the collection of Chinese death poems by Zen monks that are

also included. Finally, the last section contains three hundred twenty haiku, some of which have never been assembled before, in English translation and romanized in Japanese.

Controversial New Religions - James R. Lewis 2014

In terms of public opinion, new religious movements are considered controversial for a variety of reasons. Their social organization often runs counter to popular expectations by experimenting with communal living, alternative leadership roles, unusual economic dispositions, and new political and ethical values. As a result the general public views new religions with a mixture of curiosity, amusement, and anxiety, sustained by lavish media emphasis on oddness and tragedy rather than familiarity and lived experience. This updated and revised second edition of *Controversial New Religions* offers a scholarly, dispassionate look at those groups that have generated the most attention, including some very well-known classical groups like The Family, Unification Church, Scientology, and Jim Jones's People's Temple; some relative newcomers such as the Kabbalah Centre, the Order of the Solar Temple, Branch Davidians, Heaven's Gate, and the Falun Gong; and some interesting cases like contemporary Satanism, the Raelians, Black nationalism, and various Pagan groups. Each essay combines an overview of the history and beliefs of each organization or movement with original and insightful

analysis. By presenting decades of scholarly work on new religious movements written in an accessible form by established scholars as well as younger experts in the field, this book will be an invaluable resource for all those who seek a view of new religions that is deeper than what can be found in sensationalistic media stories.

Awareness Beyond Mind - Kenneth Verity 1996

This revealing and inspiring book is a collection of original haiku which goes straight to the essence of life and relationships. The author traces the connecting thread of this verse-form's essential philosophy from its source in India to its present position in modern Japan. He shows clearly how its history has developed in parallel with man's continuing quest for spiritual development. From this it is evident that the haiku is a cultural distillation of major influences and the spirit that pervades them. The haiku catches that brief moment between perception and realization, making it available to everyone.

Haiku Anthology 3e - Den Heuvel Van 2000-11-28

"Generous, irreplaceable. . . . It's an eye-opener and a who's-who of haiku today."—Providence Sunday Journal Originally a Japanese form that flourished in the seventeenth and eighteenth centuries, haiku has recently experienced tremendous growth in popularity in the English language. The Haiku Anthology, first published in 1974, is a landmark work in modern haiku, honoring a genre of poetry that celebrates simplicity, emotion, and imagery—in which only a few words convey worlds of mystery and meaning. This third edition, now completely revised and updated, comprises 850 haiku and senryu (a related genre, usually humorous and concerned with human nature) written in English by 89 poets, including the top haiku writers of the American past and present. A new foreword details developments since the publication of the last edition. "Each of these perfect little poems will come as a revelation to the uninitiated reader and will bring joy to the haiku enthusiast. . . . This is an exceptional selection of English-language haiku at its finest."—Library Booknotes

Morning Haiku - Sonia Sanchez 2010-02-01

Poems of commemoration and loss for readers of all ages, from a leading

writer of the Black Arts Movement and the American Poetry Society's 2018 Wallace Stevens Award-winner. Sonia Sanchez's collection of haiku celebrates the gifts of life and mourns the deaths of revered African American figures in the worlds of music, literature, art, and activism. In her verses, we hear the sounds of Max Roach "exploding in the universe," the "blue hallelujahs" of the Philadelphia Murals, and the voice of Odetta "thundering out of the earth." Sanchez sings the praises of contemporaries whose poetic alchemy turns "words into gems": Maya Angelou, Richard Long, and Toni Morrison. And she pays homage to peace workers and civil rights activists from Rosa Parks and Congresswoman Shirley Chisholm to Brother Damu, founder of the National Black Environmental Justice Network. Often arranged in strings of twelve or more, the haiku flow one into the other in a steady song of commemoration. Sometimes deceptively simple, her lyrics hold a very powerful load of emotion and meaning. There are intimate verses here for family and friends, verses of profound loss and silence, of courage and resilience. Sanchez is innovative, composing haiku in new forms, including a section of moving two-line poems that reflect on the long wake of 9/11. In a brief and personal opening essay, the poet explains her deep appreciation for haiku as an art form. With its touching portraits and by turns uplifting and heartbreaking lyrics, *Morning Haiku* contains some of Sanchez's freshest, most poignant work.

Verse - Adelaide Crapsey 1915

Tranquil Sitting - Yin Shih Tzu 2012-09-01

This is the Taoist Master Yin Shi Zi's inspirational testament and practical guide to the healing power and spiritual benefits of meditation. The book offers in-depth documentation of the theory, physiological aspects and instruction for the practice of meditation, and provides an account of Yin Shi Zi's personal experiences with meditation.

Newsletter - 1994

Heritage - 1997

Book of Haikus - Jack Kerouac 2013-04-01

Highlighting a lesser-known aspect of one of America's most influential authors, this new collection displays Jack Kerouac's interest in and mastery of haiku. Experimenting with this compact poetic genre throughout his career, Kerouac often included haiku in novels, correspondence, notebooks, journals, sketchbooks, and recordings. In this collection, Kerouac scholar Regina Weinreich supplements an incomplete draft of a haiku manuscript found in Kerouac's archives with a generous selection of Kerouac's other haiku, from both published and unpublished sources. With more than 500 poems, this is a must-have volume for Kerouac enthusiasts everywhere.

Keywords in Creative Writing - Wendy Bishop 2006-01-15

Wendy Bishop and David Starkey have created a remarkable resource volume for creative writing students and other writers just getting started. In two- to ten-page discussions, these authors introduce forty-one central concepts in the fields of creative writing and writing instruction, with discussions that are accessible yet grounded in scholarship and years of experience. *Keywords in Creative Writing* provides a brief but comprehensive introduction to the field of creative writing through its landmark terms, exploring concerns as abstract as postmodernism and identity politics alongside very practical interests of beginning writers, like contests, agents, and royalties. This approach makes the book ideal for the college classroom as well as the writer's bookshelf, and unique in the field, combining the pragmatic accessibility of popular writer's handbooks, with a wider, more scholarly vision of theory and research.

Haiku (Volume III) - R. H. Blythe 2021-05-12

Haiku Vol III (Summer and Autumn) continues Blyth's seasonal exploration of haiku. It seems that something about the hot and uncomfortable months of summer in particular brought out the humor and sarcasm of the great haiku poets.

The Essential Haiku - Robert Hass 2013

'The Essential Haiku' brings together Robert Hass's beautifully fresh translations of the three great masters of the Japanese haiku tradition:

Matsuo Basho, Yosha Buson and Kobayashi Issa.

The Teachers & Writers Handbook of Poetic Forms - Ron Padgett 2000

A reference guide to various forms of poetry with entries arranged in alphabetical order. Each entry defines the form and gives its history, examples, and suggestions for usage.

Haiku - Richard Wright 2012-02

The haiku of acclaimed novelist Richard Wright, written at the end of his life.

Forthcoming Books - Rose Army 1994-04

Directory of American Poetry Books - 1995

The Radiance of Your Soul - George Ergo Espinosa Edd 2010-02

THE RADIANCE OF YOUR SOUL: Love Poems and Passions (II) The feeling of love respects no boundary of expression in a heart-to-heart intimacy between two souls. Love is love no matter how long or short its sojourn in the life of a person, no matter how deep or shallow its degree, or no matter how wide or narrow the space it occupies in one's heart. Truly, love is love no matter how it is expressed in different passions: sharing, caring, giving, receiving, laughing, hurting, leaving, pleading, crying, forgiving, or even losing and getting it back again and again. Love never changes its effects and color - the happiness and contentment in the heart and soul of the beholder. THE RADIANCE OF YOUR SOUL: Love Poems and Passions (II) is a genuine expression of the feelings that have occurred or are presently occurring in the author's heart. Who can argue those feelings? Surely nobody can, except the creator himself of those beautiful and soul-guided verses which originated directly from the center of his heart. Many of the poems included in the book have been published in various magazines and school papers, as well as cited a number of times The Editor's Choice Award of the International Library of Poetry. The book exemplifies the unique and vicarious expression of the author's artistic interest and unique passion in poetic artistry. The poems are rich in interweaving figures of speech and in the use of

descriptive words and phrases that turn abstract insights and emotions into concrete thoughts and feelings. GEORGE ERGO ESPINOSA, EdD
The Language of the Heart - Edd George Ergo Espinosa 2009-04
THE LANGUAGE OF THE HEART: Love Poems and Passions The feeling of love respects no boundary of expression in a heart-to-heart intimacy between two souls. Love is love no matter how long or short its sojourn in the life of a person, no matter how deep or shallow its degree, or no matter how wide or narrow the space it occupies in one's heart. Truly, love is love no matter how it is expressed in different passions: sharing, caring, giving, receiving, laughing, hurting, leaving, pleading, crying, forgiving, or even losing and getting it back again and again. Love never changes its effects and color - the happiness and contentment in the heart and soul of its beholder. THE LANGUAGE OF THE HEART: Love Poems and Passions is a genuine expression of the feelings that have occurred or are presently occurring in the author's heart. Who can argue those feelings? Surely nobody can, except the creator himself of those beautiful and soul-guided verses which originated directly from the center of his heart. Many of the poems included in the book have been published in various magazines and school papers, as well as cited a number of times The Editor's Choice Award of the International Library of Poetry. The book exemplifies the unique and vicarious expression of the author's artistic interest and unique passion in poetic artistry. The poems are rich in interweaving figures of speech and in the use of descriptive words and phrases that turn abstract insights and emotions into concrete thoughts and feelings. GEORGE ERGO ESPINOSA, EdD
Books in Print Supplement - 1994

A HUNDRED VERSES FROM OLD JAPAN - Various 2009-11
The Hyaku-nin-issui, or 'Single Verses by a Hundred People', were collected together in A.D. 1235. They are placed in approximate chronological order, and range from about the year AD 670. Perhaps what strikes one most in connection with the Hyaku-nin-issui is the date when the verses were written; most of them were produced before the time of the Norman Conquest (AD 1066), and one cannot but be struck

with the advanced state of art and culture in Japan at a time when Europe was still in a very elementary stage of civilization. The Collection consists almost entirely of love-poems and what the editor calls picture-poems, intended to bring before the mind's eye some well-known scene in nature; and it is marvellous what effect little thumbnail sketches are compressed within thirty-one syllables. Some show the cherry blossoms which are doomed to fall, the dewdrops scattered by the wind, the mournful cry of the wild deer on the mountains, the dying crimson of the fallen maple leaves, the weird sadness of the cuckoo singing in the moonlight, and the loneliness of the recluse in the mountain wilds; while those verses which appear to be of a more cheerful type are rather of the nature of the 'Japanese smile', described by Lafcadio Hearn as a mask to hide the real feelings. Japanese poetry differs very largely from anything we are used to in the West. It has no rhyme or alliteration, and little, if any, rhythm, as we understand it. The verses in this Collection are all what are called Tanka which has five lines and thirty-one syllables, arranged thus: 5-7-5-7-7 which is an unusual metre for Western ears. For this translation the editor has adopted a five-lined verse of 8-6-8-6-6 metre, with the second, fourth, and fifth lines rhyming, in the hope of retaining at least some resemblance to the original form, while at the same time making the sound more familiar to English readers. A percentage of the net sale will be donated to charities specialising in educational scholarships. YESTERDAY'S BOOKS for TOMORROW'S EDUCATIONS

Breathing with the Mind - Kenneth Verity 1993
Verity's content is superb. . . a unique book. --Haiku Society of America Here are the guiding principles of this ancient Japanese art, original poems from author Verity, some interesting history, and step-by-step instruction in how to compose these seventeen syllable poems. --NAPRA Trade Journal.

Bashō's Haiku - Matsuo Bashō 2012-02-01
A wonderful new translation of the poetry of Bashō—Zen monk, poet of nature, and master of the haiku form.

Far Beyond the Field - Makoto Ueda 2003

Far Beyond the Field is a first-of-its-kind anthology of haiku by Japanese women, collecting translations of four hundred haiku written by twenty poets from the seventeenth century to the present. By arranging the poems chronologically, Makoto Ueda has created an overview of the way in which this enigmatic seventeen-syllable form has been used and experimented with during different eras. At the same time, the reader is admitted to the often marginalized world of female experience in Japan, revealing voices every bit as rich and colorful, and perhaps even more lyrical and erotic, than those found in male haiku. Listen, for instance, to Chiyojo, who worked in what has been long thought of as the dark age of haiku during the eighteenth century, but who composed exquisitely fine poems tracing the smallest workings of nature. Or Katsuro Nobuko, who wrote powerfully erotic poems when she was widowed after only two years of marriage. And here, too, is a voice from today, Mayuzumi Madoka, whose meditations on romantic love represent a fresh new approach to haiku.

Oltre l'autunno. Antologia haiku - Pietro Tartamella 2006

Books in Print - 1994

Back Roads to Far Towns - Basho 2004

The seventeenth-century Japanese poet describes his two-year 1500-mile pilgrimage across the island of Honshu.

Haiku - Lee Gurga 2003

The British National Bibliography - Arthur James Wells 1994

Japan English Publications in Print - 1993

Five Good Minutes - Millstine Wendy 2011-07-13

The 100 simple practices found in Five Good Minutes are designed to help even the busiest person start the day right. Using just five minutes of mindfulness, relaxation, or imagery techniques during their morning routines, readers can set their intentions and greet the day feeling calm,

centered, and energized.

You Are the Universe - Deepak Chopra, M.D. 2017-02-07

NEW YORK TIMES BESTSELLER • Deepak Chopra joins forces with leading physicist Menas Kafatos to explore some of the most important and baffling questions about our place in the world. "A riveting and absolutely fascinating adventure that will blow your mind wide open!" —Dr. Rudolph E. Tanzi What happens when modern science reaches a crucial turning point that challenges everything we know about reality? In this brilliant, timely, and practical work, Chopra and Kafatos tell us that we've reached just such a point. In the coming era, the universe will be completely redefined as a "human universe" radically unlike the cold, empty void where human life is barely a speck in the cosmos. You Are the Universe literally means what it says--each of us is a co-creator of reality extending to the vastest reaches of time and space. This seemingly impossible proposition follows from the current state of science, where outside the public eye, some key mysteries cannot be solved, even though they are the very issues that define reality itself: • What Came Before the Big Bang? • Why Does the Universe Fit Together So Perfectly? • Where Did Time Come From? • What Is the Universe Made Of? • Is the Quantum World Linked to Everyday Life? • Do We Live in a Conscious Universe? • How Did Life First Begin? "The shift into a new paradigm is happening," the authors write. "The answers offered in this book are not our invention or eccentric flights of fancy. All of us live in a participatory universe. Once you decide that you want to participate fully with mind, body, and soul, the paradigm shift becomes personal. The reality you inhabit will be yours either to embrace or to change." What these two great minds offer is a bold, new understanding of who we are and how we can transform the world for the better while reaching our greatest potential.

Whitaker's Books in Print - 1998

Haiku Enlightenment - Gabriel Rosenstock 2009-03-26

A renowned poet shares his experience of haiku and its potential to surprise us again and again into a sudden awakening and thus to a

deeper sense of what it is to be truly alive. His remarkably refreshing insights have delighted confreres around the world.

The Mind of Clover - Robert Aitken 2015-12-15

In *Taking the Path of Zen*, Robert Aitken provided a concise guide to zazen (Zen meditation) and other aspects of the practice of Zen. In *The Mind of Clover* he addresses the world beyond the zazen cushions, illuminating issues of appropriate personal and social action through an exploration of the philosophical complexities of Zen ethics. Aitken's approach is clear and sure as he shows how our minds can be as nurturing as clover, which enriches the soil and benefits the environment as it grows. The opening chapters discuss the Ten Grave Precepts of Zen, which, Aitken points out, are "not commandments etched in stone but expressions of inspiration written in something more fluid than water." Aitken approaches these precepts, the core of Zen ethics, from several perspectives, offering many layers of interpretation. Like ripples in a pond, the circles of his interpretation increasingly widen, and he expands his focus to confront corporate theft and oppression, the role of women in Zen and society, abortion, nuclear war, pollution of the environment, and other concerns. *The Mind of Clover* champions the cause of personal responsibility in modern society, encouraging nonviolent activism based on clear convictions. It is a guide that engages, that invites us to realize our own potential for confident and responsible action.

Haiku Notebook - W. F. Owen 2007-01-01

This notebook is a bridge between technical manuals on how to write haiku poetry and collections of haiku. There are two hundred haiku and senryu poems from w. f. owen's last several years of writing. As a professor of interpersonal communication and an award-winning haiku

writer, the author presents commentaries, perceptions, brief stories and haibun that are intended to help authors new to this art compose their poems. Included are first-place poems from the Harold Henderson Haiku Contest (2004) and the Gerald Brady Senryu Contests (2002, 2003) sponsored by the Haiku Society of America.

The Shambhala Anthology of Chinese Poetry - J.P. Seaton 2006-08-08

In traditional Chinese culture, poetic artistry held a place that was unrivaled by any other single talent, and was a source of prestige and even of political power. In this rich collection, J. P. Seaton introduces the reader to the main styles of Chinese poetry and the major poets, from the classic Shih Ching to the twentieth century. Seaton has a poet's ear, and his translations here are fresh and vivid.

Small Press - 1994

What Happens When We Die - Echo Bodine 2013-09-26

The success of mega-bestsellers like *Proof of Heaven* and *90 Minutes in Heaven* shows that readers hunger for insight into what happens when we die. But can we know? Are there those who've been "there" and back? Echo Bodine is beloved for her down-to-earth wisdom on the decidedly out of this world. In these pages, she shares her lifetime of learning — and personal experience — about the above questions. She offers practical tools for being with the dying (including what not to do), for grieving (through the poignant experience of her own mother's passing as Bodine was writing this book), and for cultivating clear and inspiring communication with the deceased. Learning what happens when we die turns out to be inspiring, reassuring, and profoundly life changing.